

# STOP THE HATE

"Report It  
to Sort It"



Working in partnership to tackle Hate Crime

[www.essex.police.uk/advice/hate-crime](http://www.essex.police.uk/advice/hate-crime)

[www.report-it.org.uk](http://www.report-it.org.uk)



**ESSEX  
POLICE**

Protecting and serving Essex



Form HC2

**CALL  
ESSEX  
POLICE**

**101**

IN AN EMERGENCY  
ALWAYS CALL 999

## If you experience Hate Crime:

- **As soon as you can, go somewhere you know is safe and get help**
- **In an emergency call 999. Otherwise call the police on 101**
- **Tell the police what has happened and why you think it happened**
- **Do not drink alcohol after an incident as you will need to give a clear account of what happened**
- **If you do not have the confidence to talk to the police there are details of Hate Incident Reporting Centres (HIRCs) at [www.stopthehate.org.uk](http://www.stopthehate.org.uk) or you can report on-line at [www.report-it.org.uk](http://www.report-it.org.uk) or call Crimestoppers anonymously on 0800555111**

## What is Hate Crime?

Hate crime is any incident, which may constitute a criminal offence, which is perceived by the victim or any other person as being motivated by prejudice or hate because of a person's:

- Race, colour, ethnic origin, nationality or national origins, includes Gypsies and Travellers.
- Religion or faith and can include no faith.
- Gender or gender identity. Includes Transphobia - resentment or fear of transvestites.
- Sexual orientation. Including Homophobia - resentment or fear of gay, lesbian or bi-sexual people. Also resentment or hatred of heterosexual people.
- Disability – any physical, sensory or mental impairment whether short or long-term. Includes learning disability or difficulty.



## Hate crime can take many forms including:

- Physical attacks – such as physical assault, damage to property, offensive graffiti, neighbour disputes and arson.
- Threat of attack – including offensive letters, abusive or obscene telephone calls and other intimidating behaviour as groups or individuals.
- Verbal abuse or insults, abusive gestures.
- Other abuse – offensive leaflets and posters, dumping of rubbish outside homes or through letterboxes, unfounded and malicious complaints and bullying at home, on-line, in school or in the workplace.

## What can you do?

- Recognise that what is happening to you is a hate crime
- Understand that by reporting the incident you will get the help you need
- Don't suffer in silence, the help you need is available, call us now...
- It will help police and support agencies if you keep a diary of events. Please remember to date and time entries and fully describe any individuals or vehicles involved.

In an emergency dial **999** or **112**  
(112 is a European equivalent number that works in UK.)

Call the Non Emergency number for Essex Police on **101** to report any incident of crime.





For those with hearing or speech impairments use Minicom line:  
**01245 452828.**

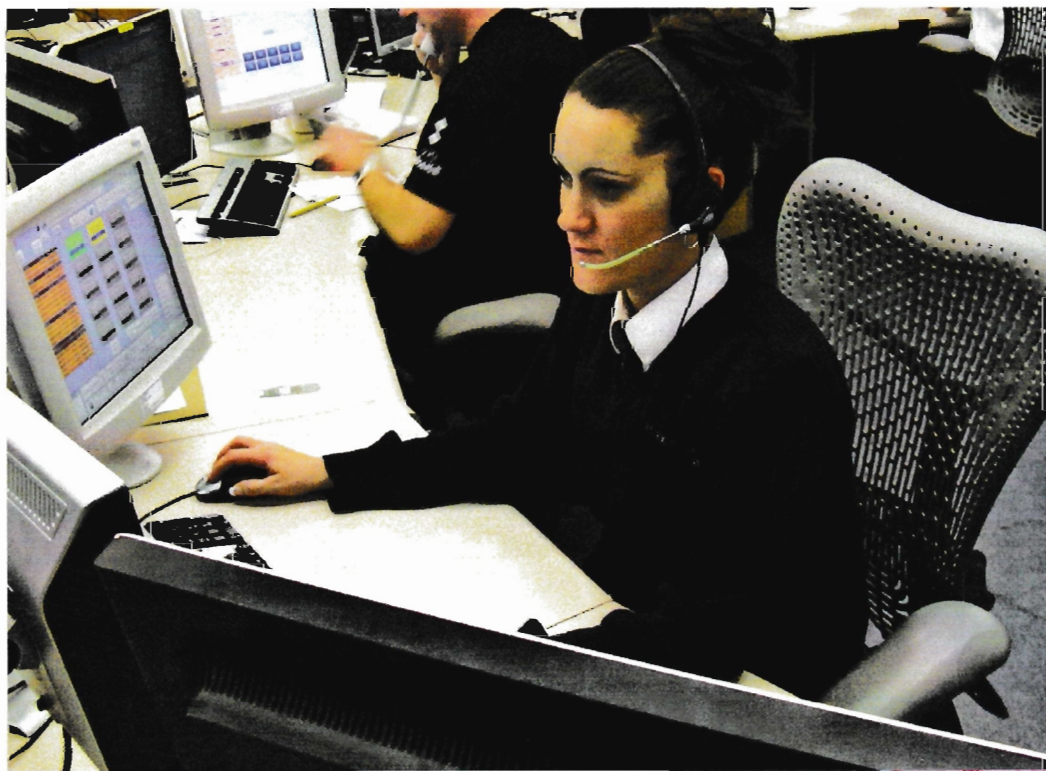
There is a Language Line available to take details for those who do not speak English.

### **What can we do for you?**

All incidents that are defined as hate crime are referred to a specialist team of officers who work to ensure you are kept safe.

These specialist hate crime officers have established links with other criminal justice agencies, as well as many public and voluntary sector organisations, that are able to provide you with other support and advice.

The local policing team, hate crime officers and local community groups work together to try and resolve the problem.



Essex Police will treat all victims of crime in a professional and sensitive manner. We understand your concerns regarding confidentiality and will consult with and advise you through every step of the investigation.

If you feel that you are not confident in reporting the incident directly to the police you can complete a 'Hate Crime' reporting form at [http://www.report-it.org.uk/your\\_police\\_force](http://www.report-it.org.uk/your_police_force) and you will be contacted by a trained investigator.

Hate crime officers will provide support and reassurance, explain the investigation process and they will give you sufficient information so you can decide what you want to do. They will give you guidance and get you help from our partner agencies, if required. Above all we will stay in touch and provide contact details where you can get the support you need.

Alternatively you can call one of the Hate Incident Reporting Centres (HIRCs) whose details you can find at [www.stopthehate.org.uk](http://www.stopthehate.org.uk) or call Crimestoppers **0800 555 111** and report it anonymously, your calls cannot be traced, nor recorded.

### What happens when police attend?

After you have reported a hate crime incident a police officer will visit you\* and will ask you a number of questions that have been designed to establish as much detail as possible about the incident. This will ensure an effective investigation can then take place. In addition to the questions you will be asked to give an account of the incident in the form of a statement.



The police officer in attendance will assist you in this process. The officer will consider and discuss an appropriate course of action with you; part of the process will be to assess the risk posed to you by the offender, allowing Police to offer you the appropriate support.

\* Due to operational needs it will not be a hate crime officer that visits you initially.

## Personal Safety Tips

- Stay alert, awareness is your best defence
- Be confident- even if you do not feel it
- Walk as if you know where you are going
- Trust your instincts– if you think something is wrong then act upon it

## Will I need to go to court?

The police investigating and hate crime officers will look for a solution to the problem and although getting justice through the courts is important each case is looked at individually. The wishes and any special needs of victims and witnesses are always considered to minimise any distress caused by the court process. If you are required to give evidence at Court you can receive support and advice from Her Majesty's Courts Service, Witness Care Teams, Victim Support and Witness Service Volunteers who are all trained to deal sensitively with victims of hate crime. You will also be kept up to date with any progress.

In some cases it may not be possible to take an offender to court, even if you wish it but that does not mean we cannot support you.

There are a range of actions that can be considered, with your consent we can put you in touch with other local agencies and support groups that understand your specific needs.





## Essex Police Contacts:

Dial 999 or 112 for emergency  
Minicom number: 01245 452828

Non urgent calls: 101  
Text Phone number: 07624 800101

The following organisations should be able to offer differing levels of help, advice, guidance and support.\* Some of these organisations offer Third Party Reporting facilities.

\*(Please note that Essex Police cannot be held responsible for the content of third party websites or the quality of response from these organisations).

### GENERAL SUPPORT

<b>Advocacy (Essex) Services Ltd:</b> Advocacy services to residents in Essex (not Southend and Thurrock) who have a learning disability, a physical or sensory impairment, are older people or those who are family carers.	0300 343 5736 <a href="mailto:info@essexadvocacy.org.uk">info@essexadvocacy.org.uk</a> <a href="http://www.essexadvocacy.org.uk">www.essexadvocacy.org.uk</a>
<b>AL-Anon:</b> Community resource for families and friends of problem drinkers.	0207 403 0888 (Confidential line) <a href="http://www.al-anonuk.org.uk">www.al-anonuk.org.uk</a>
<b>Community Legal Advice:</b> Provides free information direct to the public on a range of common legal problems. Also find a high quality local legal adviser or solicitor.	0845 345 4345 <a href="http://www.advicenow.org.uk">www.advicenow.org.uk</a>
<b>Crimestoppers:</b> A charity where you can call anonymously to report crimes verbally or report on line. Your call cannot be recorded or traced.	0800 555 111 <a href="http://www.crimestoppers-uk.org">www.crimestoppers-uk.org</a>
<b>Network for Surviving Stalking (NSS):</b> Leading Registered Charity in the UK that aims to provide advice to victims of stalking and harassment.	<a href="http://www.scaredofsomeone.org.uk">www.scaredofsomeone.org.uk</a>
<b>New Generation Development Agency CIC:</b> Advice, information and support for those suffering from hate crime including signposting to relevant specialist agencies, hate awareness training and third party reporting.	<a href="mailto:info@ngdaltld.co.uk">info@ngdaltld.co.uk</a> <a href="http://www.ngdacic.co.uk">www.ngdacic.co.uk</a>

<b>Samaritans:</b> Confidential emotional support service for anyone in the UK.	08457 909090 Minicom 08457 909192 jo@samaritans.org
<b>True Vision:</b> Police funded reporting site. Advises on all forms of Hate Crime.	www.report-it.org.uk
<b>Victim Support:</b> Offers information and support to victims of crime, whether or not the matter has been reported to the Police.	National: 0808 168 9111 Local Helpline: 0845 456 5995 open 0800 - 2000 Mon – Fri essex@victimsupport.org.uk www.victimsupport.org.uk
<b>Women's Aid:</b>	0808 2000247 www.womensaid.org.uk

### AGE RELATED

<b>Action on Elder Abuse:</b> Help and information about the abuse of older people including abuse by family members and partners.	0800 808 8141 www.elderabuse.org.uk
<b>Age UK (Essex):</b> Providing support for people in later life.	01245 346106 info@ageconcernessex.co.uk www.ageuk.org.uk/essex
<b>Child Line:</b> Children and young people can call and talk about any problem.	0800 1111 www.childline.org.uk
<b>NSPCC Helpline:</b> A charity specialising in child protection and prevention of cruelty to children.	0808 800 5000 www.nspcc.org.uk help@nspcc.org.uk
<b>Family Lives:</b> This is a national charity that works for, and with, parents.	0800 800 2222 familylives.org.uk

### DISABILITY

<b>Ability Action:</b> Advocacy services, welfare support, training and advice for disabled people and their families.	07851 810822 enquiries@aacic.org.uk www.aacic.org.uk
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<b>Autism Anglia:</b> Support and assistance for children, young people and adults with autism, their families and carers.	01206 577678 <a href="http://www.autism-anglia.org.uk">www.autism-anglia.org.uk</a>
<b>City of Chelmsford Mencap:</b> Offering a full range of services for adults and children with learning disabilities and their families in Chelmsford.	01245 268303 <a href="mailto:info@cityofchelmsfordmencap.org.uk">info@cityofchelmsfordmencap.org.uk</a> <a href="http://www.cityofchelmsfordmencap.org.uk">www.cityofchelmsfordmencap.org.uk</a>
<b>Disability Essex:</b> Disability information advice line is manned by disabled people. Helpline volunteers use online databases, together with an information library, to help them to provide advice/assistance.	0844 412 1770 office hours with 24hr answer-phone. <a href="mailto:helpline@disabilityessex.org">helpline@disabilityessex.org</a> <a href="http://www.disabilityessex.org">www.disabilityessex.org</a>
<b>Disability Rights UK:</b> Formed through a merger of Disability Alliance, Radar and National Centre for Independent Living. A national pan-disability organisation led by disabled people.	020 7250 3222 Textphone 020 7250 4119 <a href="mailto:enquiries@disabilityrightsuk.org">enquiries@disabilityrightsuk.org</a> <a href="http://www.disabilityrightsuk.org">www.disabilityrightsuk.org</a>
<b>ECDP:</b> (Essex Coalition for Disabled People): Run by and for disabled people providing advice, guidance and support.	01245 392300 01245 392302 (textphone) <a href="http://www.ecdp.org.uk">www.ecdp.org.uk</a>
<b>Headway Essex:</b> Supporting people who have acquired a brain injury through sporting or work accidents, road traffic accidents, assault, illness or disease.	01206 845945 <a href="mailto:dayservice@headwayessex.org.uk">dayservice@headwayessex.org.uk</a> <a href="http://www.headwayessex.org.uk">www.headwayessex.org.uk</a>
<b>Mencap:</b> Working with people with a learning disability to change laws, challenge prejudice and support them to live their lives as they choose.	03300 216 775 0808 808 1111 <a href="mailto:help@mencap.org.uk">help@mencap.org.uk</a> <a href="http://www.mencap.org.uk">www.mencap.org.uk</a>
<b>MIND:</b> Making sure anyone with a mental health problem has somewhere to turn for advice and support.	0300 123 3393 <a href="mailto:info@mind.org.uk">info@mind.org.uk</a> <a href="http://www.mind.org.uk">www.mind.org.uk</a>
<b>Rethink:</b> Help advice and support for those with mental illness.	0300 5000 927 <a href="mailto:info@rethink.org">info@rethink.org</a> <a href="http://www.rethink.org">www.rethink.org</a>
<b>Royal Association for Deaf (RAD):</b>	0845 688 2525 0845 688 2527 (textphone) <a href="http://www.royaldeaf.org.uk">www.royaldeaf.org.uk</a> <a href="mailto:info@royaldeaf.org.uk">info@royaldeaf.org.uk</a>

<b>Southend Mencap:</b> Serving the interests and needs of children and adults with learning disabilities, as well as those of their parents and carers, in south east Essex.	General: 01702 341250 Advocacy service: 01702 334514 marc.mcowens@southendmencap.co.uk Advocacy: southendmencap.advocacy@hotmail.co.uk www.southendmencap.org.uk
<b>METRO Essex:</b> Specialising in issues arising from sexual health, mental health & well being.	Colchester: 01206 871764 www.metrocharity.org.uk
<b>RACE / ETHNICITY</b>	
<b>Harlow Ethnic Minority Umbrella:</b> Offering advice, support and information for all ethnic minorities in Harlow.	01279 441483 www.hemu.org.uk
<b>TACMEP:</b> (Tendering and Colchester Minority Ethnic Partnership)	01206 769789 or 01206 500471, info@tacmep.org.uk, www.tacmep.org.uk
<b>RELIGION or FAITH</b>	
<b>Basildon Islamic Centre and Basildon Muslim Association:</b>	01268 554234
<b>Faith Matters:</b> Working to reduce extremism and interfaith and intra-faith tensions and develop platforms for discourse and interaction between faith communities across the globe.	0207 935 5573 email: info@faith-matters.co.uk www.faith-matters.co.uk
<b>Muslim Community Helpline:</b> Aim to provide Muslim girls or women in crisis with free confidential listening service & referral to Islamic consultants, plus practical help & information. 10 am to 1pm Monday to Friday.	0208 904 8193 or 0208 908 6715 ess4m@btinternet.com www.muslimcommunityhelpline.org.uk

<b>Tell MAMA (Measuring Anti-Muslim Attacks):</b>	0800 456 1226 Text: 01157070007 Email: <a href="mailto:info@tellmamauk.org">info@tellmamauk.org</a> <a href="http://tellmamauk.org/">http://tellmamauk.org/</a>
A third party reporting resource to collate anti-Muslim attacks across the country and provide support to victims of incidents.	
<b>SEXUAL ORIENTATION</b>	
<b>Albert Kennedy Trust:</b>	0207 831 6562 <a href="http://www.akt.org.uk">www.akt.org.uk</a>
An organisation supporting young LGBT people who have run away from home and are living on the streets.	
<b>Galop.org:</b>	0800 999 5428 0207 704 2040 <a href="http://www.galop.org.uk">www.galop.org.uk</a> <a href="mailto:help@galop.org.uk">help@galop.org.uk</a>
National LGBT+ Domestic Abuse Helpline.	
<b>Essex Pride:</b>	01245 476638 <a href="http://www.essexpride.org">www.essexpride.org</a>
An organisation supporting the LGBT population of Essex.	
<b>The Outhouse East:</b>	01206 871394 08451 232388 <a href="http://www.theouthouse.org.uk">www.theouthouse.org.uk</a> email: <a href="mailto:info@theouthouse.org.uk">info@theouthouse.org.uk</a>
Support and information for lesbian, gay, bisexual and trans people.	
<b>TRANSGENDER</b>	
<b>Mermaids:</b>	0844 334 0550 <a href="http://www.mermaidsuk.org.uk">www.mermaidsuk.org.uk</a>
Supporting transgender people up to 19 years of age.	
<b>Transliving International (Gender Support):</b>	01268 583761 <a href="http://www.transliving.co.uk">www.transliving.co.uk</a>
Help and support to transvestites, cross dressers, transsexuals and families and partners.	



# Stop the Hate is supported by:

